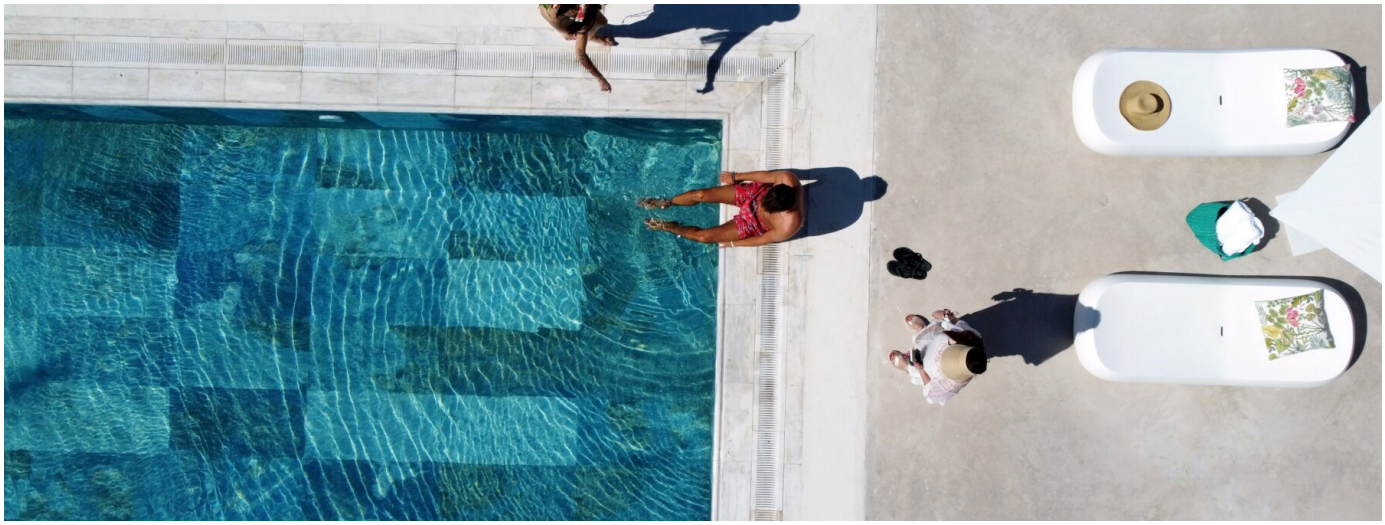
GUIDE · CORINTHIA

Althea Resorts & Spa: a boutique hotel with a spa in Ano Loutro, Xylokastro



About

In Ano Loutro, on the hills above Xylokastro, **Althea Resorts & Spa** is a five-star hotel overlooking the Corinthian Gulf, about an hour from Athens. It has 41 rooms and suites, its own spa and a rooftop restaurant.

The business in this article is a Visit Corinthia partner. We describe it using what it says about its own work; prices and offers may change, so check its page before you go.

The name

Althea comes from the ancient Greek word for healing. The hotel chose it because it describes what it sets out to offer: rest, wellbeing and quiet.

Rooms and suites

The 41 rooms come in six categories, from 22 to 45 m²:

- **Standard Double** — 22 m², with mountain or garden view.
- **Deluxe Double** — 27 m², with a balcony and a view of the mountains or the gulf.
- **Deluxe Double with Sharing Pool** — 22 m², with a pool shared with just one other room.
- **Superior Sea View** — 27 m², with a large terrace facing the Corinthian Gulf.
- **Junior Suite with Private Pool** — 27 m², with a private pool and a separate sitting area.
- **Althea Loft Suite** — 45 m² on two levels, with an outdoor jacuzzi and panoramic views.

Every room has a balcony or terrace, air conditioning, free Wi-Fi, a safe and Oceanis toiletries. Reception is

open 24 hours a day.

The Ocean Spa

The spa occupies its own wing of the hotel. It has a Finnish sauna, a hammam and steam room, an ice bath, a heated indoor pool, a relaxation area, a yoga room and a gym.

There are two single treatment cabins and one double cabin for massages, body rituals and facials. All treatments use Oceanis, a Greek brand with certified biodegradable formulas; the full range is also sold in the spa boutique.

Food and drink

AITHER is the hotel's rooftop restaurant, serving Mediterranean cuisine with views across the Corinthian Gulf to the mountains of Central Greece. Breakfast is a buffet with local honey, fresh bread and cheese from the surrounding villages. There is also a bar with Greek wines and cocktails, and a pool bar.

Practical information

- **Where:** Ano Loutro, Xylokastro, about 60 minutes by car from Athens.
- **Bookings:** +30 27430 24063 · althearesorts.com
- **Events:** the hotel hosts weddings, corporate meetings and groups.

All details, photos and the booking link are on Althea's page on Visit Corinthia.

What to do nearby

Head down to Loutro beach, follow the route from Xylokastro to Derveni, or see which suits you in Loutraki or Xylokastro.

Take it with you

Open this page on your phone
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Enjoy exploring Corinthia!