GUIDE · CORINTHIA

To Polychoro taverna in Trikala, Corinthia: charcoal grill and a fireplace since 2008



About

After a walk on Mount Ziria or through the villages of Trikala, lunch at a mountain taverna is almost compulsory. In Kato Synoikia, Trikala, **To Polychoro** has been serving Greek home cooking since 2008, with local ingredients and a fireplace that, as they say, has never gone out.

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The story

To Polychoro opened in 2008. Andreas Kouzios grew up with traditional Greek home cooking and decided to share his love of food. The kitchen relies on local, seasonal produce from nearby producers and on inherited family recipes.

What to eat

- **Grilled meat cooked to order over charcoal** — just as you would expect at a mountain taverna.
- **Home-cooked dishes** — made with whatever the season and the land bring.

In their Google reviews, guests often mention the generous portions and the friendly service; the taverna is rated 4.7 from more than 340 reviews.

The space: stone, wood and a view

The big dining hall has a wooden roof, stone walls and windows looking out to the mountain. There is also a

bar, an outdoor area and, of course, the fireplace — the best spot in the house on cold days.

Weddings, christenings and groups

The taverna hosts **weddings, christenings and all kinds of events**, and welcomes **coach groups, associations** and large parties. At events, all food comes from the taverna's own kitchen.

Practical information

- **Where:** Kato Synoikia, Trikala, Corinthia, 20400
- **When:** Friday to Sunday, from 12:30 (Friday and Sunday until 22:00, Saturday until 22:30)
- **Bookings:** +30 693 238 3479
- **Parking:** free, next to the taverna · cards accepted · wheelchair accessible

Opening hours are updated automatically from Google on the taverna's page on Visit Corinthia — check it before you set off.

Before or after lunch

Read our guide to Trikala, Corinthia and find more ideas in Where to eat in Corinthia.

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