SIGHTS · CORINTHIA

Trata

About

Trata is among the mountains and natural features of the region. It lies 15.8 km north of Corinth, roughly 11.3 km from Loutraki.

What to expect

Half of Corinthia is mountain. Peaks, plateaus, caves and sinkholes make a landscape entirely unlike the coast — and usually entirely quiet.

Closest points

- Seal Cave — 333 m
- Strava — 788 m
- Alkyonida Beach — 928 m
- Asprokampos — 1 km

Practical notes

- Routes are rarely marked — carry a map and GPS.
- Weather changes abruptly with altitude.
- Never enter caves without experience and equipment.

Useful information

Best time to visit	April–June & September–October (mild, uncrowded)

Take it with you

Navigate with Google Maps

Open this page on your phone
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Enjoy exploring Corinthia!