AREAS · CORINTHIA

Loutra Oreas Elenis



About

A few kilometres south of Kechreai, on the Saronic coast, Loutra Oreas Elenis is one of the most popular seaside spots in the area among Corinthians themselves.

The name

Tradition has it that **Helen of Troy** bathed here — one of the many local names that keep mythology alive in the everyday geography of Greece.

What you will find

A long organised beach with shallow water, tavernas and cafes along the shore, and holiday houses. It is one of those places that fill up on summer weekends.

Practical notes

- About 15 km from Corinth.
- Very close to ancient Kechreai — the two go together.
- The shallow water makes it well suited to families with children.

Useful information

Best time to visit	April–June & September–October (mild, uncrowded)

Take it with you

Navigate with Google Maps

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Enjoy exploring Corinthia!