AREAS · CORINTHIA

Stymphalia



About

Stymphalia is the other face of Corinthia: **altitude, mountains and a lake** instead of the sea. The wetland is protected and ranks among the most important habitats in the Peloponnese.

Myth and history

This is the setting of the **sixth labour of Heracles**, the destruction of the Stymphalian Birds. The same area holds the ruins of **ancient Stymphalos** with its walls and the temple of Artemis, and **Zaraka Monastery**, one of the very few Gothic monasteries in Greece.

The present-day village of Stymfalia was called Matsiza until 1927.

What to see

- The **Environment Museum of Stymphalia**, which explains the relationship between people and the wetland.
- The archaeological site and Zaraka Monastery.
- Birdwatching around the lake.

Practical notes

- About 60 km from Corinth, on mountain roads.
- The water level changes greatly with the season — spring is the lake at its best.
- Dress warmer than you would on the coast.

Useful information

Best time to visit	April–June & September–October (mild, uncrowded)

Take it with you

Navigate with Google Maps

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Enjoy exploring Corinthia!