SIGHTS · CORINTHIA

The Ancient Stadium of Nemea



About

A few minutes from the Temple of Nemean Zeus lies the stadium that hosted the **Nemean Games**, one of the four great Panhellenic festivals. It is one of very few ancient stadiums that let you genuinely feel what an athlete felt.

The athletes tunnel

The unique feature here is the **vaulted tunnel**, some 36 metres long, through which competitors entered the track in front of the crowd. Its walls still carry **graffiti of names** scratched by athletes 2,300 years ago — the most direct contact anyone can have with the people of the games.

What you will see

The track preserves its starting line with the grooves cut for the runners feet, the judges seats and the natural slope where spectators sat. Beside it stand the remains of the locker room and the bath house.

Practical notes

- At Ancient Nemea, about 30 km from Corinth.
- See it together with the Temple of Zeus and the Archaeological Museum of Nemea — they form one visit.
- It pairs perfectly with a stop at a Nemea winery.

Useful information

Opening hours	Same hours as the Nemea Sanctuary. Winter (1 Nov–31 Mar): 08:00-15:30, closed Tuesdays. Summer (daily): April 08:00-19:00 · 2 May–31 Aug 08:00-20:00 · 1–15 Sep 08:00-19:30 · 16–30 Sep 08:00-19:00 · 1–15 Oct 08:00-18:30 · 16–31 Oct 08:00-18:00.
Admission	Combined ticket €10 / reduced €5 (Museum, Sanctuary, Stadium). Free entry: 6 Mar, 18 Apr, 18 May, 28 Oct, last weekend of September, 1st and 3rd Sunday of the month (November–March).
Parking	Yes
Accessibility	Wheelchair access to the Museum and the sites.
Toilets	Yes
Best time to visit	April–June & September–October (mild, uncrowded)

Take it with you

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Enjoy exploring Corinthia!